



Distance Matrix

	Distance (km)	Time (min)	Comments
Airport (new)		35	15-20 once roads finished
Airport (existing)		75	domestic only + Singapore
Kuta Lombok		40	30 once roads finished, tourist area
Sengigi		90	tourist area
Mataram		75	capital city
Praya		35	hospital, police station, supermarket, petrol station, hardware store, chemist
Nearest cornershop		10	basic foodstuffs, toiletries and petrol... etc
Nearest mosque	1.5	3	cannot hear
Nearest village	1	2	20 people
Nearest beach	1.5	5	close in front, but must access via current road behind
Anchorage	1.5	5	leeward end of Selong beach
Novotel		45	only decent accommodation

	Distance (km)	Time (min)	Comments
- Selong Blanak (mainbeach)	1.5	5	long, flat and sandy with fishing boats at protected end, deserted headland at semi exposed end. Best swimming beach
- Selong Blanak (backbeach)	1.7	15	narrow, steep and deserted except the odd fisherman. Excellent swimming beach.
- Mawi	2.5	20	close but terrible winding road in, alternative routes hiking 20min over hill or 5min boat around headland from Selong. Best surfing beach for advanced surfers during the dry season
- Teluk Telawas	2.6	20	always deserted, large waves, adjacent to Mawi
- Rowok	2.7		beachside warung serving cold drinks and snacks
- Serangan	5	20	deserted, soft sand, large shallow lagoon
- Toroc	15	40	deserted, soft sand, large shallow lagoon
- Belongas	30	50	terrible road access, large calm water bay with numerous beaches, best diving and
- Tampa		20	long, deserted, windswept beach with wide shallow lagoon
- Mawun		25	easy detour off main road, beautiful half moon bay. Excellent swimming beach with surf at either end.
- Air Guling		30	terrible side road in but beautiful beach with a deep channel and shallow lagoon for seaweed farming. Good swimming and surfing.
- Teluk		32	long beautiful empty beach
- Kuta		40	long beach, large lagoon directly in front of hotels
- Segar		42	long beautiful empty beach
- Tanjung A'an		43	long beautiful empty beach
- Grupuk		50	large bay with fishing village and a few good surf spots for intermediate surfers. Swedish surf school has kind of ruined it though
- Ekas		100	terrible pot holed access road. Series of protected beaches in the very remote east side of Ekas bay.
- Desert Point		160	world class surf spot for advanced surfers that needs no introduction. One of best waves in the world

	Distance (km)	Time (min)	Comments
			quaint mountain villages
Mount Rinjani (lower reaches)		90	tropical and sub tropical rainforest, waterfalls and rivers at the lower reaches of the southern side
Bangsals (Gilli islands)		120	jump off spot to beautiful Gilli Islands
Awang		90	new marina in protected Ekas bay
Lembar		120	ferry/port to Bali
Labuhan		120	ferry/port to Sumbawa

